



Indoor Soccer Rules

2010



All outdoor soccer rules will apply with the following exceptions:

- Play consists of 6 players (including a goalie) for 3-6 grades and 6 players for grades K-2 (excluding a goalie). The goalie must wear a goalie shirt that distinguishes him/her from the other players and referees. A goalie shirt will be provided by the Site Supervisor.
- The first 20 minutes of the hour will be dedicated to practices. There are no practices outside of this time. Balls and cones will be provided for practices.
- The game will consist of two, sixteen (16) minute halves. The clock will run the entire time. Half-time will be 3 minutes in duration.
- The K-4th grade leagues will use a size 4 ball. The 5th-6th grade league will use a size 5 ball.
- Referees will be provided for grades 3-6. One coach from each team will be allowed on the court to instruct and officiate the game for grades K-2. A whistle will be provided to each coach.
- Substitutions are done on the fly. Coaches do not need to notify the referee/supervisor. Efforts need to be made to ensure that the player comes off the court at the same time, or before, the substitute is coming onto the court.
- No offside.
- All fouls will result in an indirect kick (ball must contact another player before going into the goal).
- A goal may be scored from any point on the court by any player.
- The ball may be played off the walls, bleachers, or tables. A ball is out of bounds when it is kicked over the bleachers or tables. There are no throw-ins. Rather, the ball is placed on the floor, in play, and kicked from the spot where it went over the wall.
- No offensive player can be within the other teams' goalie box (taped box). The goalie can only use his/her hands inside the box. When the goalie receives the ball, he/she must put the ball in play by rolling the ball in an underarm bowling motion. Over arm and side arm throws or kicking are not allowed. Goalies will not used for grades K-2.
- Please help your players to realize that indoor soccer is a game which utilizes more passing and ball control, rather than just kicking the ball as hard as you can every time they are in possession of the ball.
- All spectators must watch the game from upstairs. No one will be allowed in the gym except coaches, players and officials.
- Players in attendance must play a minimum of 50% of each game.